

Hospice Wairarapa Newsletter

hospicewairarapa.co.nz

AUTUMN 2024

0800 HOSPWAI (0800 4677924)

UPDATE FROM THE CE

We've been very busy here at Hospice over the last few months and have some great news to share about the results of the hard mahi that we're doing.

A huge goal here at Hospice, and a significant part of our kaupapa, is to reach out and deliver our services into the community. Our Whānau Support Team have been working tirelessly over the last few months, working with clients and their whānau to meet their social, spiritual and practical needs. These visits often take place in client's homes, in hospitals, or aged care facilities, and often fly under the radar when it comes to the visibility of our work in the community. This work is a huge part of what we do and has an immeasurable effect on the outcomes for the people we serve.

Sometimes to make room for new services we have to say goodbye to ones that have been running for a while. Our Thursday programme held its last official day in March. This tight-knit group will continue to meet weekly for morning tea at Hospice under a fully volunteer and client-led service. Our Creative Hands programme has also finished up after holding a long-standing place in our schedule. We are so grateful to the volunteers who have helped run these programmes over many years, they have made a significant difference in people's lives and hold a special place in the history of Hospice Wairarapa.

We've recently been able to recruit more exceptional people to our team and Board.

Annie Hawkes has been appointed as the Team Leader for the Whānau Support team. Annie is a hugely experienced social worker and leader and brings with her very strong relationships in the Wairarapa community and health sector.

We've also recently seconded Dr Simon Allan ONZM, MB ChB, MD, FRACP, FRCP(Edin.), FACHPM and



Alicia Rameka (Ngāti Kahungunu kī Wairarapa, Rangitāne o Wairarapa) to our Board. See more about our new team members on page 3 of this newsletter and through our website www.hospicewairarapa.co.nz/our-people.

All these appointments are great news for our clients and their whānau, the palliative care system in Wairarapa and especially for our team here at Hospice!

I'm constantly humbled by the hard work and generosity of our volunteers, our sponsors, anyone who donates their time or money to the work we do, and of course the staff across our retail outlets, and those delivering and supporting the services we run. Without everyone working together we wouldn't be able to achieve what we do!

E hara taku toa i te toa taki tahi, he toa takitini
My strength is not as an individual, but as a collective

Ngā mihi mahana,

Gretchen Saalbrey
Chief Executive

Staff and Board Updates

HAERE RĀ



Gavin Hodder

April marked the end of an era when one of our longest serving volunteers and Chair of the Board retired.

Gavin Hodder has worked tirelessly over many years for the Hospice Wairarapa Community Trust, building a strong board and governance processes. We've been very lucky to have someone with Gavin's knowledge and expertise guiding us and he leaves a strong legacy in his wake. We wish him a heartfelt thanks for everything he has done and all the best for the many other community activities he has on his list! Haere rā Gavin, ngā mihi nui ki a koe.

NAU MAI, HAERE MAI



Dr Simon Allen

We are delighted to have recently seconded Dr Simon Allan ONZM, MB ChB, MD, FRACP, FRCP(Edin.), FACHPM to our Board.

Dr Allan is a semi-retired Palliative Medicine Consultant with more than

30 years working in the care of patients with cancer and palliative care needs both as a Medical Oncologist and a Palliative Care Physician. He has been a specialist doctor in Palliative Medicine at Arohanui Hospice, Palmerston North for over 30 years, was seconded to the MOH for 3 years, and has served on the Royal Australasian College of Physicians in education and leadership roles in Palliative Medicine.



Annie Hawkes

We are very happy to announce the appointment of Annie Hawkes as Team Leader for the Hospice Wairarapa Whānau Support team. Annie is a hugely experienced social worker and leader

and brings with her very strong relationships in the Wairarapa community and health sector.

Annie comes to us from Oranga Tamariki where she has been Acting Site Manager for the past six years performing a number of roles. She has strong experience in the health sector having been the Hospital Social Work liaison for Oranga Tamariki and as the team leader of the Wairarapa DHB Social Workers team.



Alicia Rameka

Alicia is a chartered accountant with extensive experience in the accounting industry, complemented by a strong focus on human resources, customer service, and

stakeholder relationship management. She has held key strategic and advisory roles, working closely with executive leadership teams at prominent accountancy firm Ernst and Young, and currently at Education Payroll - Rārangi Utu ā-Mātauranga. Alicia's strength lies in her ability to connect with people and convey financial information effectively. She has whakapapa to Ngāti Kahungunu kī Wairarapa and Rangitāne o Wairarapa. Alicia is passionate about contributing to the community through her involvement in vital services such as Hospice and as an enthusiastic volunteer firefighter with the Masterton Brigade.



RETAIL UPDATE

Our retail outlets have come through another very busy year and it was very satisfying to end the year with financial targets achieved for both shops and the Garage Sale. It has been especially busy over the past few weeks with a frenzy of activity behind the scenes as we prepared for the switch to winter clothing. Easter weekend brought some record sales with customers appreciating our beautiful range of winter garments.

As always we are very appreciative of the huge effort put in by staff and volunteers to keep our retail outlets looking wonderful and to achieve such great results.

Carter Court Update: The new room at Carter Court is looking fantastic! Planning is underway for the opening which will happen in May. We'll share photos and updates once this is all finished.

Hospice Happenings



After a 3 year hiatus we were thrilled to bring our newly refreshed Golf Day Fundraiser back last month. 136 enthusiastic golfers gathered at the Carterton Golf Club for a day of fun, food and serious fundraising. The event raised just shy of **\$20,000** to directly benefit our current and future clients, which is an absolutely outstanding result.

Along with major sponsors Jo-Kelly & Co we were overwhelmed by the generosity of Wairarapa businesses and individuals who donated amazing items and experiences for our auctions and prizes, as well as those who contributed to keeping our players well fed and watered throughout the day. For a full list of sponsors and supporters and more fantastic action shots visit our [Facebook page](#).

By all accounts a great time was had by all who participated, and we would like to take this opportunity to sincerely thank everyone that was involved in this vital annual fundraiser.

Group Programmes

We've been busy redesigning some of our group programmes. These programmes can be a great way for people going through a shared experience to come together and create connections and share experiences. We've also been delivering these programmes in new locations around Wairarapa.

We recently held our 'Ducks in a Row' programme over six weeks in Martinborough, we've started new art workshops in Featherston to create visual recordings of a life journey and we're holding new creative workshops in Masterton for our clients and their whānau.

We also have new programmes under development. Our Spiritual Carer, Sharon Penny, will soon be running 'What Lies Ahead', a new programme specifically for those living with a life limiting illness, and in May we'll start a slightly revamped Ducks in a Row in Masterton. Follow us on Facebook for updated information or feel free to email us directly at programmes@hospicewairarapa.co.nz if you'd like to register or find out further information.

The 1933/34 Ford New Zealand Model 40 Convention

was hosted by Lloyd Wilson of Magoos Street Rods in March. The event attracted over ninety cars from all around the country to celebrate the 90th anniversary of the 1933 & 1934 Ford. It was the biggest event of its kind anywhere in the world, right here in Wairarapa!

Through a charity auction, generous contributions of participants, and a public 'show & shine' of the vehicles, the event raised over \$9,500 - which was all donated to Hospice. Lloyd was a co-founder and past Chair of Hospice Wairarapa and remains a committed supporter. We are so grateful to count him as a lifetime member of our Hospice whānau.



Upcoming programmes

Grief Support Coffee Group

The third Wednesday of every month

Te Kōwhai, 59 Renall St, Masterton

Legacy Art Workshops

Every fortnight on a Monday, next session 6th May.

Fareham Creative Space Featherston

Creative Workshops

Every fortnight on a Wednesday, next session 1st May.

Te Kōwhai, 59 Renall St, Masterton

Ducks in a Row

Every week for six weeks, starting 2nd May.

REAP House, Dixon Street, Masterton

Volunteer Summer Party

In February, we took a day to celebrate our volunteers with a summer party. The gathering was held at Te Kōwhai, with an afternoon of sunshine, high tea and great company. It was a chance for volunteers to connect and for us to say thank you!



Dates to Note

13-19 May	Hospice Awareness Week
17 & 18 May	Annual Street Appeal
27 June	Matariki Service

A special part of the day was when we came together and contributed to a collaborative painting, an activity led by the lovely Kasha from Sienna Studio. This artwork now proudly hangs in our foyer, reminding us of our working together to create something wonderful.

The party was an excellent way to acknowledge the hard work of our volunteers, and we were able to say a special thank you to those Volunteers that have given 5 and 10 years or more of service, with flowers and certificates presented by Biddy Harford, the Chief Executive of Te Omana Hospice. It helped us celebrate the sense of community and Manaaki (support and care) that's central to our kaupapa. Seeing everyone share the event reminded us of the importance of taking a moment to appreciate those who generously give their time to Hospice Wairarapa. We're grateful for the opportunity to come together and look forward to more chances to come together this year.



WAYS YOU CAN SUPPORT US

- ♥ Make a regular or one off **donation** - visit hospicewairarapa.co.nz/donate
- ♥ Become a **Friend of Hospice** - visit hospicewairarapa.co.nz/friend-of-hospice
- ♥ **Sponsor** our events or provide business support.
- ♥ **Fundraise** for us as an individual, group or organisation.
- ♥ **Shop** in or donate to our Hospice retail outlets.
- ♥ **Volunteer** your time and expertise

Please support our fabulous Hospice Business Partners, who so generously support us.

Newsletter printing kindly sponsored by our friends at Printcraft Design Hive.

To access any of our free services and programmes contact referrals@hospicewairarapa.co.nz or call 0800 HOSPWAI (0800 4677924) for further information